

4 km

| Mannen | Rugnr | | Tijd | |
|--------|-------|-------|------------------|-------|
| | 1 | 522-1 | Rick Moezelaar | 19.31 |
| | 2 | 36 | Jelger Zielhorst | 19.38 |
| | 3 | 40 | Bas Bouwmeester | 19.42 |

Jongens

| | | | | |
|--|---|-------|---------------|-------|
| | 1 | 9 | Emiel Veltink | 18.50 |
| | 2 | 8 | Robin Veltink | 20.45 |
| | 3 | 513-1 | Dawid Zents | 21.32 |

Vrouwen

| | | | | |
|--|---|-------|-------------------|-------|
| | 1 | 514-3 | Monique Hester | 24.23 |
| | 2 | 514-5 | Ingrid Hanou | 25.26 |
| | 3 | 22 | Gerarda Barendsen | 26.09 |

Meisjes

| | | | | |
|--|---|-------|------------------|-------|
| | 1 | 510-2 | Eva tolkamp | 28.12 |
| | 2 | 513-3 | Roosmarijn Kuijt | 28.51 |
| | 3 | 48 | Meta Kamphuis | 30.38 |

team 512 Kraanvogel 4

6 km

mannen

| | | | | |
|--|---|-------|--------------------|-------|
| | 1 | 516-5 | Coen de Wit | 22.23 |
| | 2 | 247 | Gerben Huurneman | 24.55 |
| | 3 | 516-4 | Jan Willem Nieboer | 26.06 |

vrouwen (herzien na 2e controle)

| | | | | |
|--|---|-----|------------------|-------|
| | 1 | 238 | Liesbeth Bootsma | 30.31 |
| | 2 | 250 | Dinie Hebbink | 32.05 |
| | 3 | 214 | Mijnie de Boer | 33.08 |
| | 4 | 239 | Hillegonda Haak | 34.10 |

team 516 Vordense Roos

12 km

mannen

| | | | | |
|--|---|-------|--------------------|-------|
| | 1 | 419 | Leo van der Hoeven | 46.20 |
| | 2 | 508-1 | Michiel Brussee | 50.53 |
| | 3 | 421 | Werner Weustenenk | 51.39 |

vrouwen

| | | | | |
|--|---|-----|---------------------|---------|
| | 1 | 424 | Siebke van der Meer | 1.04.19 |
| | 2 | 402 | Angelique Spoelstra | 1.10.19 |
| | 3 | 409 | Nanda Mombarg | 1.17.27 |

team 508 Blub 'n Run

Tijden van alle deelnemers

(van enkele rugnummers zijn de tijden helaas niet meer te herleiden.)

| rug-nr. | tijd | rug-nr. | tijd | rug-nr. | tijd | rug-nr. | tijd | rug-nr. | tijd | rug-nr. | tijd |
|---------|-------|---------|-------|---------|---------|---------|---------|---------|---------|---------|-------|
| 1 | 33.59 | 47 | 30.37 | 243 | 34.33 | 416 | 1.01.03 | 507-2 | 1.09.53 | 516-2 | 34.47 |
| 2 | 41.42 | 48 | 30.38 | 244 | 40.13 | 417 | 1.13.55 | 507-3 | 1.09.53 | 516-3 | 27.21 |
| 3 | 34.10 | 49 | 34.07 | 245 | 30.14 | 418 | 55.36 | 507-4 | 1.09.54 | 516-4 | 26.06 |
| 5 | 28.57 | 50 | 33.19 | 246 | 36.51 | 419 | 46.20 | 507-5 | 1.09.54 | 516-5 | 22.23 |
| 6 | 28.58 | 201 | 42.38 | 247 | 24.55 | 420 | 1.10.43 | 507-6 | 1.09.55 | 517-1 | 29.06 |
| 7 | 29.27 | 202 | 42.39 | 248 | 34.19 | 421 | 51.39 | 508-1 | 50.53 | 517-2 | 29.06 |
| 8 | 20.45 | 203 | | 249 | 39.04 | 422 | 52.49 | 508-2 | 59.05 | 517-3 | 29.07 |
| 9 | 18.23 | 204 | 33.01 | 250 | 32.05 | 423 | 59.06 | 508-3 | 58.42 | 517-4 | 24.00 |
| 10 | 29.11 | 206 | 32.37 | 251 | 29.16 | 424 | 1.04.19 | 508-4 | 50.53 | 518-1 | 33.52 |
| 11 | 30.49 | 207 | 31.04 | 252 | 28.30 | 425 | 1.08.00 | 509-1 | 32.11 | 518-2 | |
| 12 | 30.49 | 208 | | 253 | 32.09 | 426 | 53.59 | 509-2 | 36.19 | 518-3 | 28.20 |
| 13 | 30.50 | 209 | 33.14 | 254 | 30.17 | 501-1 | 33.23 | 509-3 | 35.34 | 518-4 | 35.28 |
| 14 | 29.26 | 210 | 32.14 | 255 | 30.30 | 501-2 | 32.36 | 509-4 | 36.30 | 519-1 | 34.53 |
| 15 | 21.54 | 211 | 37.06 | 256 | 30.45 | 501-3 | 31.30 | 509-5 | 36.31 | 519-2 | 29.01 |
| 16 | 22.10 | 212 | 35.30 | 257 | 31.25 | 501-4 | | 510-1 | 23.27 | 519-3 | 34.11 |
| 17 | 35.27 | 213 | 32.43 | 258 | 31.45 | 502-1 | 30.35 | 510-2 | 28.12 | 519-4 | 28.50 |
| 18 | 35.27 | 214 | 33.08 | 259 | 29.18 | 502-2 | 30.36 | 510-3 | 22.44 | 519-5 | 29.04 |
| 19 | 30.31 | 215 | 33.41 | 260 | 30.52 | 502-3 | 24.36 | 510-4 | 22.40 | 520-1 | 37.37 |
| 20 | 36.39 | 216 | 33.27 | 261 | 26.34 | 502-4 | 21.58 | 510-5 | 27.36 | 520-2 | 38.02 |
| 21 | 36.28 | 217 | | 262 | 38.02 | 502-5 | 24.30 | 511-1 | 32.14 | 520-3 | 34.10 |
| 22 | 26.09 | 218 | | 263 | 33.23 | 502-6 | | 511-2 | 34.52 | 520-4 | 34.09 |
| 23 | 29.36 | 219 | 32.18 | 265 | 32.24 | 503-1 | 35.33 | 511-3 | 29.53 | 520-5 | |
| 24 | 28.00 | 220 | 31.02 | 266 | 39.10 | 503-2 | 35.33 | 511-4 | 25.23 | 521-1 | 35.20 |
| 25 | 35.05 | 221 | 40.09 | 267 | 38.50 | 503-3 | 35.33 | 511-5 | | 521-2 | 35.20 |
| 26 | 35.00 | 222 | 32.18 | 268 | 38.50 | 503-4 | 35.33 | 512-1 | 21.46 | 521-3 | 35.21 |
| 27 | 35.22 | 223 | 32.28 | 269 | 27.23 | 503-5 | 35.33 | 512-2 | 21.55 | 521-4 | 35.21 |
| 28 | 34.54 | 224 | | 270 | 44.50 | 503-6 | 35.33 | 512-3 | 22.55 | 522-1 | 19.32 |
| 29 | 34.54 | 225 | 36.09 | 271 | 38.44 | 504-1 | 46.19 | 512-4 | 22.01 | 522-2 | 22.58 |
| 30 | 30.00 | 226 | 34.46 | 272 | | 504-2 | | 512-5 | 22.52 | 522-3 | 21.14 |
| 31 | 32.39 | 227 | 28.52 | 273 | 44.48 | 504-3 | 40.59 | 513-1 | 21.32 | 522-4 | |
| 32 | 30.01 | 228 | 38.44 | 401 | 53.59 | 504-4 | 40.56 | 513-2 | 28.16 | | |
| 33 | 26.32 | 229 | 32.34 | 402 | 1.10.43 | 504-5 | 44.49 | 513-3 | 28.51 | | |
| 34 | 36.09 | 230 | 30.48 | 403 | 1.06.17 | 504-6 | 46.20 | 513-4 | 30.47 | | |
| 35 | 31.59 | 231 | 34.36 | 404 | 1.06.21 | 505-1 | 1.13.54 | 514-1 | 22.08 | | |
| 36 | 19.38 | 232 | 33.31 | 405 | 1.02.35 | 505-2 | | 514-2 | 20.55 | | |
| 37 | 26.26 | 233 | 33.48 | 406 | 1.02.16 | 505-3 | 1.13.54 | 514-3 | 24.23 | | |
| 38 | 25.27 | 234 | 42.45 | 407 | | 505-4 | 1.13.55 | 514-4 | 25.18 | | |
| 39 | 34.06 | 235 | 39.55 | 408 | 59.35 | 505-5 | 1.13.55 | 514-5 | 25.26 | | |
| 40 | 19.42 | 236 | 32.20 | 409 | 1.17.27 | 506-1 | 30.15 | 514-6 | 36.39 | | |
| 41 | 21.11 | 237 | 30.38 | 410 | 56.42 | 506-2 | 29.55 | 515-1 | 34.16 | | |
| 42 | 27.52 | 238 | 30.31 | 411 | 58.26 | 506-3 | 33.49 | 515-2 | 34.16 | | |
| 43 | 27.53 | 239 | 34.10 | 412 | 59.35 | 506-4 | 31.12 | 515-3 | 34.16 | | |
| 44 | 20.16 | 240 | 32.21 | 413 | 58.00 | 506-5 | 33.41 | 515-4 | 34.16 | | |
| 45 | 30.38 | 241 | 30.05 | 414 | 52.15 | 506-6 | 24.40 | 515-5 | 34.16 | | |
| 46 | 20.16 | 242 | 40.16 | 415 | 1.09.55 | 507-1 | 1.09.31 | 516-1 | 31.23 | | |